

#### **RESEARCH ARTICLE**



© OPEN ACCESS Received: 31.10.2020 Accepted: 22.12.2020 Published: 04.01.2021

**Citation:** Alam MR, Islam T, Rahman M, Antor MAAN, Rahman R, Tamanna TA (2020) Sustainable denim fabric washing with post-used rubber shoe sole: An eco-friendly alternative of Pumice stone. Indian Journal of Science and Technology 13(48): 4723-4731. https ://doi.org/10.17485/IJST/v13i48.1974

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Funding: None

Competing Interests: None

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Published By Indian Society for Education and Environment (iSee)

ISSN

Print: 0974-6846 Electronic: 0974-5645

# Sustainable denim fabric washing with post-used rubber shoe sole: An eco-friendly alternative of Pumice stone

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## Abstract

Background/Objective: Denim fabric is the most versatile dress material and acclaimed the most popular among the young generations due to its trendy looks. Since stone is being vastly used to improve the softness and comfort feeling along with fading effects, but bearing some problems. For instance, stone leads to deterioration of fabric strength, machine wear, and tear, grit deposition in the effluent plant, increasing labor cost to separate the stone powder from the pockets, and also harmful for the expensive laundry machine, etc. On the contrary, post-used rubber shoe soles are thrown or burnt which leads to ozone depletion. Therefore, this study was carried out to mitigate both the existing problems of stone washing and also this endeavor was done to find a suitable alternative of pumice stone. Methods: Washing was continued with both stones, collected rubber shoe sole against enzyme, acid, and bleaching agent. Eventually, washed garments have been tested and compared with the unwashed regular ones, based on visual appearance, degree of shade change, tensile strength, tear strength, abrasion resistance, and weight per unit area, and crimp interchange. Findings: Result reveals the satisfactory values, but the degree of shade changes against acid has poor value due to not having the absorption ability of potassium permanganate (KMnO<sub>4</sub>). Also, the result tells the noise intensity is much lower (68-72 dB) compared to stonewash (89-90 dB). Introducing the aforementioned alternative in denim washing, it shows the perfect results rather than stone one without compromising the trendy looks.

**Keywords:** Denim fabric; garments washing; physical and mechanical properties; sustainability

## **1** Introduction

Denim is a sturdy warp-faced cotton twill fabric, which has gained the most popular among the young generations for exposing the western lifestyle<sup>(1-5)</sup>. In that case, denim garments are capturing the ultimate end user more for trendy fashionable look enhanced (Broken-in look/ torn/faded) by washing<sup>(3,6,7)</sup>. Additionally, washing improves visual appearance; softness, conformability, and also fashion looks in denim garments as a first growing sector<sup>(2)</sup>. These washing effects are the result of mechanical and/or chemical processes including stonewash, caustic wash, sandblasting, towel washing, moon washing, and ice washing, scrubbed look washing, damaged look washing, plasma treatment, and ultrasonic treatment and topping<sup>(8,9)</sup>. Traditional stone (volcanic stone having vesicular rough texture) wash is being widely used in the denim industry, which gives a faded look<sup>(5)</sup>, due to the degree of varying size and shape. Pumice stone (volcanic rock) is commonly originated in Indonesia and Turkey, which floats on water, and is hydrophilic.

Although stone is being used vastly in washing, bearing some problems. For instance, stone leads to deterioration of fabric strength, machine wear and tear<sup>(5)</sup>, grit deposition on the environment, and in the effluent plant, increasing labor cost to separate the stone powder from the pockets, wear & tear for expensive laundry machines, etc.<sup>(8,10)</sup>. So the researchers are trying to get rid of stone by any suitable alternatives<sup>(11)</sup>. To overcome the shortcomings, synthetic stone i.e. plastic, rubber in Portland is the best abrasive<sup>(12)</sup>. Following this loop, concern increasing day by day in the industry, and the use of environmentally friendly, nontoxic, fully-biodegradable enzymes have been increased to a great extent<sup>(2,5,13)</sup>.

On the contrary, the shoe sole is a rubbery material and does not dispose easily on earth. Surprisingly, post-used shoe soles can be seen on the field, roadside, or in the water flow drain which clogs the water flow drain. Moreover, these undammed materials are sometimes burnt, and hence forms carbon-di-oxide, which is a major driving force of global warming by ozone depletion<sup>(14–16)</sup>. Nowadays, it is high time to maintain a circular economy for the well-being of future generations. There are various types of soles used in making footwear. On which, Polyurethane (PU), Rubber, Thermoplastic Rubber (TPR), Leather, Plastic are used significantly in the industry due to having realistic usability.

Washing is the most prominent vertical growing sector. In denim production over the globe, many disadvantages have been found by pumice stone wash. In order to cope with these problems, this endeavor has attempted to up-cyclic rubber shoe sole as a replacement for stone, and measured tensile strength, tearing strength, gram per square meter, abrasion resistance, fabric count, and crimp interchange sound intensity, etc.

## 2 Materials and Methods

### 2.1 Materials

### 2.1.1 Garment sample

The experimental wagon has been covered with a total of seven denim pants, one kept as raw, and also 3 pairs for different washing. 100% cotton warp-faced (3/1) twill indigo-dyed denim fabrics (GSM-434, EPI-100, PPI-54, Ne<sub>wp</sub>-16KW, and Ne<sub>wf</sub>-12KW) have been used to experiment.

### 2.1.2 Collection of post-used shoe sole

It is well known that shoe soles are thrown out and now, small business firms (dust collectors) collect this post used material like water bottle, drum, tyre wheel, and many more thermoplastic polymers for their business interest. Accordingly, a significant amount has been collected and cut into different size shapes by mechanical hacksaw blades as a tone. After cutting, a total of 2.90 kg has been soaked into 3 g/L (w/v) caustic soda mixed water at room temperature for 24 hours. It is illustrated with the same amount of stone taken for this experiment.

#### 2.1.3 Properties of post-used shoe sole

In this experiment, we have used a rubber shoe sole due to having the properties of light in weight but sometimes heavy, good tensile/tear strength, good shock-absorbing ability, reusable and recyclable, etc.

### 2.2 Methods

### 2.2.1 Washing procedures

The experimental work has been conducted in Natural Denims Limited, Ashulia, Savar, and Dhaka, Bangladesh with the constant help of the research and innovations team. In the first phase, a total of seven specimens have been taken, then desized with 0.7 g/L desizing agent (Eco-size AM), and 0.6 g/L detergents (Hostapur WCTH) with 0.2 g/L anti-back staining agent

(Antistain- LP30) at  $60^{\circ}$ C temperature for 30 min. Henceforth, the hot rinsed wash is done at  $70^{\circ}$ C followed by cold water wash.

For enzyme wash with stone, 1.5 g/L enzyme, 1 g/L anti-back staining agent has been applied at 40°C temperature for 30 min. In order to bleach wash with stone, 3 g/L KCI, 50L water put it into the industrial washing machine (Sutlick, Singapore) for 7mins, and then added potassium thiosulphate 2000g, and starts the machine at 60°C temperature for 15-30 min. Again for an acid wash with stone are treated with potassium permanganate for 1 day then used potash 10 g/L, water 2 g/L, Sodium meta-bisulfite (Na<sub>2</sub>S<sub>2</sub>O<sub>3</sub>) 150g at 60°C temperature for 20mins. After every wash, a hydro-extractor machine (Zanussi, Roaches, England) has been used for 2 min with 180 rpm to remove excess amount water at 88°C temperature, and then dried in a dryer (Opti-Dry, Roaches, England) at 75°C for 35-40 min. Correspondingly, the same treatment with previous materials has been done with shoe sole instead of stone for three garments. Here, one desized garment has been kept as raw denim for comparing the properties with different washed samples.

### 2.2.2 Testing standards

For evaluation of different material properties on raw and washed samples the testing methods, gathered in Table 1, are used in the research.

Table 1. Test standards	
Test Name(s)	Test Standards
Atmospheric conditioning	ASTM D1776 <sup>(17)</sup>
Tensile strength (US Grab test)	ASTM D 5034 <sup>(18)</sup>
Tearing strength	ASTM D1424 <sup>(19)</sup>
Fastness to laundering	AATCC-61 <sup>(20)</sup>
GSM	ASTM D3776 <sup>(21)</sup>
Abrasion resistance	ASTM D 4966-98 <sup>(22)</sup>
Crimp interchange	ASTM D 3883 <sup>(23)</sup>
Fabric count	ASTM D 3775-08 <sup>(24)</sup>

Meanwhile, noise intensity has been measured by android application (Decibel - Threshold Sound Meter (Noise Levels)) directly.

## 3 Results and Discussion

## 3.1 Change of color shade

Colorfastness to washing of studied samples has been visually assessed by the greyscale and shown in Figure 2. Apparent eyes see, Enzyme (stone) and Enzyme (sole) have scored as 3, which indicates average value. The color change scale consists of nine pairs of grey colored chips, from grades 1 to 5 (with four half steps). Grade 5 represents no change and grade 1 depicts severe change in some standards. On the other side, Acid (stone) gains scored as 1 which indicates poor, and also Acid (sole) scores as 2 which indicates Moderate. Bleach (stone), and Bleach (sole) both have scored as 1 which indicates poor value.





From Figure 1, it is seen that both Enzyme (stone), Enzyme (sole) with Bleach (stone), and Bleach (sole) are identically the same, so sole can be applied effectively instead of stone, but it is not possible to use sole instead of stone in acid wash, because sole does not absorb Potassium permanganate, which creates an effect in washing but the stone did that.



Fig 2. Visual assessments of all washed denim fabrics

From below the pictorial view (Figure 2), it can be concluded that there is a very subtle difference among all the samples. According to the washing experts, a new faded look (wash effect) has been found by shoe soles, which can attract buyers more if they consider sustainable issues. Since diverse faded looks are optimum aspiration to the young people, so without any doubt, it can fulfill the cherished requirement. Over against, sustainable issues will be maintained narrowly in denim washing.

## 3.2 Tensile strength (Breaking strength)

The tensile strength of washed fabric samples along with the original one is shown in Figure 3. A tensile test is the measurement of the force required when a specimen responds to stress. Tensile strength is the ruptured force which is directly proportional to the cross-sectional area<sup>(25)</sup>. In this result, which fabric is washed by shoe sole instead of stone, that fabric creates an extra force to elongate except enzyme wash. However, a Maximum of 1193N is found for bleach (sole) and at least 1052N for the enzyme (sole) in the warp direction, whereas other magnitudes are in the mediatory. It happens for losing fibers with the action of stone on cellulosic fabrics. In enzyme wash, it happened opposite things due to enzymatic action on cellulosic fibers. Conversely, a presidential value 313N is for acid washing (sole) and similarly, the least value appears 234N for acid (stone), which has come for tension release due to wet treatment. And one thing is mentionable that warp yarn needs extra force to elongate then weft yarn because of more yarn in per unit length.



Fig 3. Tensile strength of washed denim fabrics

## 3.3 Tear strength

Figure 4 represents the tear strength in warp and weft direction of washed specimens, using different washing procedures. Here, the tear strength of unwashed raw denim is more compared to others in both directions. Ideally, tear strength is high for bleach wash with sole and it is almost 45N, and gradually decreasing to near 25N for acid washing in the warp. On the other side 23.78N for the bleach with the sole which also shows the least strength 22N for acid washing with the stone in the weft direction, which is with sole in warp But in the tear test which fabric is washed by shoe sole instead of stone, that fabric creates an extra force to tear except acid wash. In the acid wash, it happened opposite things.



Fig 4. Tear strength of washed denim fabrics

## 3.4 Mass per unit area (GSM)

The following Figure 5 depicts the GSM changes after washing. Since the warp yarn is subjected to considerable strength during weaving and after relaxation it reduces in both directions, washing procedure influences the mass per unit area. GSM of washed samples increased by almost 2.5%-5% compared to raw denim. Also, the graph indicates the maximum GSM of acid (sole) and

minimum for the enzyme (sole), and following GSM of Enzyme (stone) greater than Enzyme (sole), GSM of Acid (stone) lower than GSM of Acid (sole) and GSM of Bleach (stone) are equal with Bleach (sole).



Fig 5. Fabric weight per unit area of washed denim fabrics

## 3.5 Abrasion resistance

Figure 6 represents the changes of weight loss due to abrasion. The abrasion resistance was determined by the mass loss as the difference between the masses before and after abrasion cycles of 2500, 5000, 7500, and 10000. Overall values show the amount of weight loss is less for sole compared to stone wash. The graph shows the maximum weight loss for both washing procedures acid (stone) and bleach (stone) whilst the minimum weight loss is noticed for bleach (sole) washed samples. The reason behind not affecting surface characteristics for using shoe sole of stone.





## 3.6 Crimp interchange (warp and weft way)

Crimp percentage refers to when warp and weft yarns interlace in the fabric they follow a wavy or corrugated path, crimp percentage delineates in Figure 7 is a measure of this waviness in yarns. From this figure, it is found that the crimp percentage of the warp is less than weft. In short, weft yarn gains more waviness for acid wash respectively about 21 percent for the sole and approximately 14 percent for the stonewash. Thereafter, warp yarns gain the same result respectively 15 and 11 percent waviness. But the least result has been found was enzyme washing with the sole. It is because the warp yarns are kept in tension during weaving. Besides, they are usually stronger and better yarn than weft. So they do not extend more. On the other hand, weft yarns are kept in low tension and low in quality. So they can extend more. As a result, their crimp percentage is more.



Fig 7. Crimp percentage values (warp and weft way) of washed denim fabrics

## 3.7 Fabric count

The horizontal axis of the following Figure 8 denotes the washing names of fabrics, and also the vertical axis denotes the Ends per inch (EPI), Picks per inch (PPI) values as well. In contrast, a maximum of 111 yarn per inch has been found in warp direction for sole enzymatic treatment and gradually decreasing to the beach to acid. Also, a maximum of 58 PPI appears for bleach wash which slightly decreases to 54 for an acid wash in the weft direction. Due to the wash variants, both the magnitude has been changed slightly which can support an acceptable shrinkage percentage.



Fig 8. Fabric sett of washed denim fabrics

### 3.8 Noise intensity

Figure 9, shows that the noise intensity is caused by washing. Here, stone washing (With enzyme, Acid, and Bleach) always gives the highest value compared to shoe soles. Corresponding figures show stone washing value near about 89.5 dB, whereas sole washing magnitude is almost 21 dB less, to be more exact 68 dB. It comes due to friction between stone (rock salt) and washing machine. So washing by shoe sole brings a quiescence environment for the worker and responsible person as well. Here, it is mentionable that sound intensity has been measured directly by a smartphone with a convenient smart application.



Fig 9. Noise intensity due to washing

## 4 Conclusion

The above discussion reveals that washing is an essential finishing in the denim industry which enhances fading effects along with softness and comfort, but it is the single most environmentally polluting industry in the fashion market. Averring that, producers cannot enforce individually without the collaborating supports of retailers. In this cornerstone, a post-used rubber shoe sole can be used to mitigate the adverse effects on nature, since the shoe sole provides similar fabric characteristics to a stonewash. Introducing the aforementioned alternative in denim washing, it shows the perfect results rather than stone one without compromising the trendy looks. Explicitly, a wash technician found another shade that can attract buyers more. Also, the minimum noise level has been experienced in this work. And hence, it can be concluded post-used rubber shoe sole would be effective for washing.

## **Conflicting interests**

The author(s) declared no potential conflicts of interest concerning the research, authorship, and/or publication of this article.

## Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

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